

BAR HILL NEWS

October 2012 Issue 501

The Bar Hill News is also available on audio tape

If you, or someone you know, would benefit from this free service, please contact Julie at Camsight 01223 420033

Menzies Cambridge Hotel & Golf Club
Bar Hill
Job Vacancies September 2012

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Menzies Cambridge Hotel & Golf Club, Bar Hill, Cambridge, CB23 8EU
T: 01954 249988
Or contact the hotel reception for more information

Due to the high volume of applicants we are unable to respond to every application made

BAR HILL 45TH BIRTHDAY

To celebrate we are publishing a Bar Hill 45 Year Book

*Full Colour
*A5 Gloss Art Paper

To advertise, please submit editorial or photographs
Call: 07920 158729 or email: projectpublish@virginmedia.com



The magazine will be delivered free and will highlight the history and development of Bar Hill, from both a residential and business viewpoint.

It will also serve as a comprehensive business directory, with local business adverts and background editorial

Deadline 10th October 2012

Alan Choat

Copy date for the next issue is 15th October to Margaret Sellars at bheditor@yahoo.com, or see page 2 for other contact details.

BAR HILL RESIDENTS' ASSOCIATION

12/13 Committee

Chairman	Roger Hall	780304	11 Almond Grove
Secretary	Anil Pallan	01223 655620	72 The Spinney
Treasurer	Martin Avery	781233	34 Acorn Avenue
Website	Simon Munford email: simon.munford@gmail.com		

Also: Paul Goodfield (200228 15 Little Meadow), Jo Hall (11 Almond Grove 780304).

Bar Hill News

Editor	Margaret Sellars C/o Parish Council Office		
Advertising Co-Ordinator	Bunty Waters	201421	77 Foxhollow
Distribution Co-ordinator	Martin Avery	781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between the Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication and not necessarily those of the Association. **Anonymous letters will NOT be published, but names and addresses may be withheld.** However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Co-ordinator (see above – email to bunty.waters@ntlworld.com)

¼ page adverts cost £15.50 per month and must be submitted by the 1st of the month prior to inclusion.

Maxi ads (£8.50 per month) and **Mini ads (£5 per month)** should be submitted by 15th of the month prior to their inclusion.

Sizes: Maxi 6 x 4.5 cm-9 x 6 cm. Mini 6 x 2 cm- 6 x 4 cm.

The ¼ page ads are for local businesses and we guarantee publication. This often results in a waiting list and, to help overcome this problem, we provide maxi and mini ads. These appear throughout the publication and we cannot guarantee their inclusion due to restrictions of space.

EDITORIAL

There is no charge for **Articles, What's On, For Sale and Lost and Found**, and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted electronically on disc or to bneditor@yahoo.com, or hard copy via Parish Council Office.

The Maple Surgery

Tel 01954 780442

Surgery hours:

Monday to Friday 8:30 am-12:30 and 2-6 pm

Appointments: 8:30 – 11:50 & 15:00-17:30 (various appointments throughout the day for Urgent/Emergency bookings)

Extended hours: Tuesdays 7:10-7:50am Doctors and HCA appointments available for those who require early appointments to get to work.

Out of hours Emergencies (Urgent Care Cambridge) 0330 123 9131

Physiotherapist Tuesday 2-5:15pm

Podiatrist Monday, Wednesday and Friday 9 am-12 noon

Wednesday and Friday 2-5 pm

Midwife Thursday 9-12 noon (appointments only)

Psychological Therapies Team Thursday 9 am-12 noon

Dietitian 1st Tuesday of month 9:00 am-12:00 noon

Orthoptist 2nd Tuesday of month 9-12:30 am

CAMTAD 4th Tuesday of month 9-11.30 am

Health visitors are now based at Longstanton Branch Surgery, Magdalene Close, Longstanton (Tel 01954 781855)

Child Health Clinic every 3rd Tues 1-3pm (drop in) at Children's

BAR HILL VILLAGE HALL

Two halls (with Conference Facilities)

Wedding receptions

Birthday celebrations

Children's parties

Jumble sales

Conferences

Seminars

Training days

Exam sessions

Anniversary celebrations

Excellent parking and catering facilities



782414

Answerphone

Email: barhill.villagehall@btconnect.com

USEFUL TELEPHONE NUMBERS

● Church Office 206120 ● Conservative Party (Iris Lay) 205265 ● Happy Hours (Helen Collins) 782203 ● Liberal Democrat Party (Andy Pellew) 07814 871752 (focusonbarhill.blogspot.com) ● Library (renewals and enquiries) 0345 045 5225 ● Parish Council (Leigh Baffa) 780456 ● Police non emergency 101 ● Post Office 789285 (Harry) Pre-School 782892 ● Samaritans 01223 364455 ● School 273305 ● Social Club 781881 ● Swavesey Village College 230366

I would like to thank all my friends in the village who contacted me with best wishes and offers of help after my little accident. Thanks for the cards and plants, emails and phone calls too. I was quite overwhelmed, and they were all very much appreciated.

I'm glad to say that my recovery is underway and by the time you read this I hope to be out and about again.

Margaret Sellars

Helping local businesses to start, survive and thrive through the Recession

South Cambridgeshire District Council has launched a new service to help businesses in the area to start up, grow and prosper during the tough economic times. The formal launch at the Council's offices in September was well-received by leading business organisations, partners and agencies.

Delivered by Exemplas on behalf of the Council, the South Cambridgeshire Business Support Fund offers free business advice and guidance to eligible SME's (small and medium sized enterprises) and grants of up to £1,000 may also be available for further support.

In addition there is a range of quality workshops, also available to those thinking of starting a business, including topics such as Managing Money and How to Make a Profit, Finding and Keeping Customers, Planning a Website and Planning for Growth supplemented by further post-workshop support designed to embed learning.

The Business Support Fund is available to anyone that has been running a business within a South Cambridgeshire postcode for at least 12 months and who can demonstrate difficulties as a consequence of the recession. The workshops are available to all SME's and individuals thinking of starting one.

The free service will run until March 2013. For further information call 0844 346 0755 or email southcambsbusinesssupport@exemplas.com

Details of the Service can be found by visiting: www.exemplas.com/southcambs or www.cambridge-plus.com/content/business-support - a website set up by the Council to help support existing businesses in South Cambridgeshire and promote the area to encourage new firms to set up.

COUNCIL TAX CHANGES

A consultation on how the District Council should manage the cut in funding - which will be around 10% - began at the beginning of August. In April next year the responsibility for council tax benefits is being handed over to local councils by central government, but at the same time the reduction in funding is being made.

Government guidelines mean there will be no change to the help pensioners currently receive, and the Council is also consulting on plans that would also protect people with disabilities, their carers, as well as

lone parents with children under five. This totals over half of people claiming support.

Options being consulted on include setting a maximum limit on the amount of council tax benefit that can be paid, increasing contributions from adult members of the household who do not receive the benefit, or a blanket reduction for all claimants who won't be protected.

Before the consultation began council officers held workshops with key groups who currently receive benefits to make sure options being put forward for debate reflected local views. This is a step most other councils have not taken.

To help reduce the impact of reductions to benefits, the Council has consulted on changes that would see an end to exemptions for vacant and second homes, and is suggesting a move to try and get homes that have been empty for more than two years back into use by charging a premium on council tax.

You can also respond to the consultation - which runs until Friday 5 October - by visiting www.scambs.gov.uk/ctsupport.

Please contact either Roger Hall or myself, Bunty Waters if you have any concerns regarding the changes above: we are eager to hear what communities have to say as the best solution is needed and your input is the way to let SCDC know what you think.

Bunty Waters 01954 201421

cllr.waters@scambs.gov.uk

Roger Hall 01954 780304 cllr.hall@scambs.gov.uk

Quiz Night

SATURDAY 24TH NOVEMBER AT THE CHURCH HALL, OVER

£6 Per Person Teams of up to 8 7:30pm - 11pm

Raffle - Bring your own food and drink

For tickets call: 07774 924083

Or email quiznight@over.craftshillscouts.org.uk

PROCEEDS TO 1ST OVER ST MARY'S SCOUT GROUP

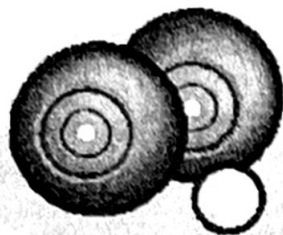
BIN COLLECTION DATES

3 October	Black bin
10 October	Green and blue bins
17 October	Black bin
24 October	Green and blue bins
31 October	Black bin
7 November	Green and blue bins

RESIDENTS' ASSOCIATION

Interested residents are always welcome at our meetings which are usually held on the first Tuesday of the month at 8 pm in the Parish Council Office. The next meeting is on 2 October.





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Over Surgery News

Flu Immunisation - Winter 2012/13

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Donations to the Surgery

Dr Waters and the other partners would like to express their thanks to the friends and relatives of the late Scott Maxwell for the generous donation they gave us in his memory. We have a fund here in the surgery which is used to purchase new and replacement items of medical equipment and donations are added to that fund.

Repeat Medication Requests

Please allow at least two clear working days for us to get your prescription signed by the doctor and get your medicine prepared.

If you can use the internet why not sign up for our automated repeat request service - just ask for an online User Name and Password from reception the next time that you are in the surgery, and then follow the link from the "Order Repeat Medication" page on our website www.oversurgery.nhs.uk.

Spa Vouchers

I have bought two, 1-hour vouchers which I can no longer use. Swedish aromatherapy massage or Relaxation massage to be taken at Salus Wellness Clinic 47, Norfolk Street, Cambridge. £18 each

To be used before 26th November

Contact Sarah Adams
sadams@chesterton.cambs.sch.uk

Swavesey RADSOC presents



Humble Boy



A Comedy by Charlotte Jones
At Swavesey Village College
On

**Thursday 11, Friday 12 & Saturday 13
October 2012**

At 7.30pm

Tickets to be confirmed please check
online at www.swaveseyradsoc.org
or
see local press for further details

8 O'CLOCK CLUB

The 8 o'clock Club is a women's group and we meet in the school on the 1st Thursday of the month at 8 p.m.

Our programme for the next school term is; -

- 4 October - Countryside restoration trust
- 1 November - To be announced
- 6 December - Xmas meal (members only)

New members are always welcome. If you would like to join us or come for a visit please come along to one of our meetings where we would be very pleased to see you. If you prefer to have a chat about the club please telephone Barbara (204171) Adela (204265) or Ann (204687)

PARISH PLAN

The Parish Council is looking for people to join a group to produce a parish plan. This is something which the Parish Council is being asked by South Cambs District Council to produce. **It will enable residents to influence what happens in Bar Hill and how it can develop for the future.** THIS IS NOT ABOUT MONEY - it is about ideas. How would you like to see the village develop? What extra amenities would you like to see? What would you especially like to keep - this could be buildings, trees, facilities.

I will lead this group but I do need the input from residents. Are you a person bursting with ideas but no outlet for them? Come and join me. We can meet in the Parish Council Office at a mutually convenient time. Please contact me if you are interested.

Bunty Waters 07734690580,
bunty.waters@ntlworld.com.

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www.lee-associates.co.uk

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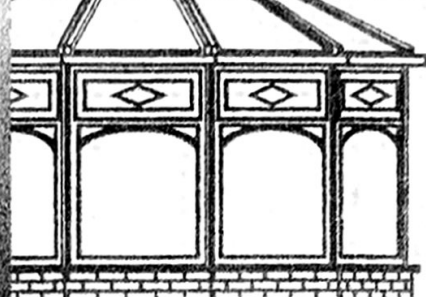
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Email - barretts11@msn.com

Elecsa Reg No: EPP32673

SPECTRUM



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CRICKET CLUB



Our last few matches of the season threw up a mixed bag of results before ending, appropriately, with the final league match cancelled due to a waterlogged pitch.

The firsts won their final match at a canter against Little Shelford. **Priyal Perera** picked up three wickets as Shelford were bowled out for 108. **Pip Dickinson** then continued his good form with 55 not out, and **Adam Dean** was unbeaten on 30 as Bar Hill lost only one wicket on their way to victory. Having beaten Wilbrahams II by default earlier in the month, the firsts were left in fourth place in their league, just a few fractions of a point off the promotion places.

The seconds played less than half of their scheduled matches due to the weather, and never really challenged for promotion.

The outside chance was ended by a three-wicket defeat against Sutton II in a low-scoring match. **Tom Page** hit 18 not out as Bar Hill eked their way up to 116 for 8 on a difficult pitch, before **Sean Prosser's** spell of 4 for 37 gave them hope of an unlikely victory. However, Sutton reached 121 for 7.

Prosser took three wickets against Over II, but some good batting by the hosts saw them post 263 for 6.



Bar Hill did not score quickly enough in reply to give themselves a chance of winning. **Paul Stimpson's** knock of 75 from 88 balls the highlight as they finished on 161 for 7.

The final action of the season was on Parker's Piece in a social match against The Dobblers, which was

won by the hosts.

The club award winners for the season are as follows:

First XI batsman: **Pip Dickinson**

First XI bowler: **Scott Stanford**

First XI player: **Pip Dickinson**

First XI outstanding performance: **Pip Dickinson**

Second XI batsman: **Tom Page**

Second XI bowler: **Adam Dean**

Second XI player: **Barry Driver & Paul Stimpson**

Second XI outstanding performance: **Phil Orvis**

Midweek XI batsman: **Scott Stanford**

Midweek XI bowler: **Sean Prosser**

Midweek XI player: **Scott Stanford**

Most improved player: **Sean Prosser**

Clubman: **Craig Driver**

Duckman: **Ash Curry**

Champagne Moment: **Simon Smith**

We will again be fielding two Saturday adult league teams next season, and the intention is to put out an adult midweek team and an under-13 side.



We will be organising winter training sessions for both adults and youth players – more details here at a later date.

The annual meeting will be held at the Village Hall meeting room on Monday October 15, from 7.30 pm. All members and prospective members are welcome to attend and vote for club officials and captains for next year.

Visit our website at www.barhillcricket.org.uk for all the latest information on the club, or phone me on the number below if you want to find out more about the club.

Paul Stimpson

201212

DO YOU WANT BETTER BROADBAND ? BUT ONLY 78 RESIDENTS HAVE REGISTERED

I hear many grumbles and rightly so from residents about the low speed of broadband. The County Council has a major campaign to bring superfast broadband to Cambridgeshire. Connecting Cambridgeshire campaign has shown how strongly householders and business people across Cambridgeshire feel about getting better broadband.

It is very disappointing to see that in Bar Hill only 78 people have registered, just 4.3% of the homes in the village. We need many more people to register their support for the campaign if they are to secure vital investment from broadband suppliers to bring superfast broadband to Cambridgeshire. The more people that register the fact they want superfast broadband the more chance of it being delivered, so I would urge everyone to 'click' for Cambridgeshire and help us to make it happen.

www.connectingcambridgeshire.co.uk <http://www.connectingcambridgeshire.co.uk>

ARE WE GETTING THE BEST DEAL FOR OUR ROAD SAFETY MONEY

This is a question being asked by the road safety review now being carried out by the Safer and Stronger Scrutiny committee of which I am a member. In the interim report, which was presented to the committee recently, it sets out 19 recommendations. The findings suggest that performance could be improved if we followed models used in Lincolnshire and more resource could be secured by contracting work with the AA. The draft report with any amendments will be presented to Cabinet in November.

HIGHWAY MAINTENANCE.

Yes winter is coming and with frost, snow and ice the roads and footpaths will again be under pressure. I regularly meet the highways surveyor to press for much needed repairs. Work has been carried out this summer in the village, including; white lining to the perimeter road, resurfacing to the entrance to Appletrees and patching to other village streets. By the time you read this there will also have been more

→ bottom of page 11



BAR HILL COLTS FC

The season started for most of our teams the week-end after all our boys and girls had returned to school – and crash bang wallop, goals were scored and conceded by

all our teams.

Leading the way

ROCKETS IN 14 GOAL THRILLER AT SWAVESEY

Despite conceding 3 goals in the first half, the Under 8 Rockets did not let their heads drop and during the next two quarters they managed to regroup and get themselves back into the game. Going into the last quarter, the Rockets were trailing 6-5, but three more goals gave the team a good win in their first match.

Goal scorers being – Seth O'Neill (5) Lucas Winter-Castillo (2) and Ben Grieves (1) – Lucas also picked up the Player of the Week award

VIXENS WIN IN OPENER

On Saturday 15 September, in their first ever home match, the Under 10 Vixens enjoyed their first win by a single goal against Cambridge City. In an exciting match, and roared on by a large crowd, the deciding goal was scored by Isabel Bryant.

This is the youngest ever girls' team, so well played to you all – Becky, Roxani, Olivia, Charley, Tilly, Lisa, Ellie, Georgia, Isabel, Charlotte, Shammah and Amelia

FAIR PLAY BY THE LIONS

Our Under 7 team entered a pre season tournament at Cherry Hinton and although they did not win every game, they always had a smile on their faces and played with real team spirit. At the end, the team were presented with a fantastic fair play trophy because of their outstanding attitude and fair play. All the coaches were so proud and very excited for the season ahead. Well done to the Lions!

PLAYERS REQUIRED

Years 3 and 4 (Under 6/7s) – any boy or girl who is interested in participating please contact Andrea Gargiulo on 01954 202532 (email –



a.gargiulo2000@googlemail.com) or Gary Wilson on 0754 0308580
Year 6's (Under 9s) – any boy or girl who is interest in participating please contact Trevor Norden on 01954 202725

HAVE YOUR SAY...Update

On the 10 September a group of 25 parents attended an informal meeting at the school to give the club feedback on ideas as to how the club can continue to move forward. This gave the opportunity to some of the newer parents to ask questions and to find out more about how the club is run. This was the first of its kind, and the evening was a success with many thoughts raised for discussion at future committee meetings.

A list of our committee is below

OUTSTANDING AWARD FROM CAMBS FA

Congratulations to Jairo Marin for his award by Cambridgeshire FA recognising his 'Outstanding contribution to Football'. Jairo is not only the Chairman of our club but also our Treasurer. Over the 10+ years that he has been involved with us, he has coached two teams, and more recently he has run training sessions for our under 10 girls and organised a manager to take these girls forward into a possible team.

As a qualified referee he has been instrumental in setting up a referees academy within our club to enable our boys and girls the opportunity to progress from an early age with practical experience refereeing our younger teams.

Jairo has over seen the growth of our club with many young players now benefiting from the 'Grow the Game' scheme, which has enabled more of our coaches to become qualified.

FORTHCOMING FIXTURES

Come down to the Village Green on a Saturday and see our teams play – or on a Sunday on the school pitch. The next home games are

6, 7, 13 and 20 October

VICKY x

Position	Name	Contact	Email
Chairman	Jairo Marin	01954 781838	jairo@tesco.net
Vice Chairman	Janet Shanahan	1954 203592	janetshanahan@ntlworld.com
Secretary	Paul Neal	01954 204801	paul.neal35@ntlworld.com
Treasurer	Jairo Marin	1954 781838	jairo@tesco.net
Welfare Officer	Mark Honeywood	01480 830133	mark.honeywood@sky.com
Assistant Welfare	Linda Ogilvie	01954 202568	lindaogilvie@ntlworld.com
Website			
www.barhillcolts.co.uk	Lisa Compton	07766 314419	lisacompton19@btinternet.com
Fixtures	Julian Fimbow	01954 200818	julian_f@hotmail.com
Co-ordinator	Sharon Grieves	07800935263	sharongrieves@googlemail.com

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FRIENDS OF BAR HILL LIBRARY

Coffee in the Library

Library users are now used to this lively social event going on while they choose their books, and increasing numbers are joining in. Why not come along yourself? The next opportunity is from 10 am to noon on 4 October, and there will be another on 1 November.



Finding out at the Library

In October there is another event in our series of talks open to all. Alan Maskell of the Blue Cross animal welfare charity in Cambridge is returning to Bar Hill to give us another talk. He is a versatile person with wide interests, and this time his subject is 'A History of Magic, Magicians and Magic Circles'. Please get your ticket from Library staff in advance if possible. Tickets are £3 for the public, and for Friends they are only £1.50. Note that we have reduced our ticket prices dramatically – we should like to see you at our talk so we are taking the risk of running at a loss. Come along to the Library on Wednesday 25 October at 7 pm for the talk.

Annual meeting in the Library

The annual meeting of the Friends will be held on 3 October in the Library, starting at 7 pm. We'll be reviewing the past year and looking at the year to come, as well as appointing the committee. All Friends will be most welcome.



Under 1's

From 11th September and every Tuesday onwards it will now be:

Mucky Pups from 1.30 pm to 3 pm



Meeting in the Octagon for bumps through to just walking. There will

be the opportunity to meet with others, play, crafts and coffee and chat!

For enquires contact Jo Thompson on 07988 264745 or email joferris23@yahoo.co.uk.

FROM PAGE 7 - COUNCILLOR REYNOLDS

major resurfacing to the village entrance. I am awaiting confirmation from the highways surveyor on other road repairs in the village.

If you need to report a pot hole or similar highway maintenance issues This can be done by the following on line link. <http://www.cambridgeshire.gov.uk/transport/roads/>

John Reynolds email j.e.reynolds@ntlworld.com
Mobile 07801560990

Bar Hill Sports and Social Club

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large TV screens in HD, play pool, darts, skittles and cribbage or enjoy a drink in our quiet lounge bar. We also have an Xbox available for gaming.



What's on in October?

Membership Draw	13th
Membership Draw	27th

Looking Ahead...

Anna, Singer 10th November
Lady Stardust, Disco & Karaoke
8th December



Visit our website, www.bhssc.org.uk
Join us on Facebook, at
Barhillsports.Socialclub

Christmas Raffle

The Christmas Raffle starts in October. Great prizes to be won as always.

BHSSC Saturday Football Teams Fixtures , (Kick-off 1500)

06/10/2012	BHSSC Away to Isleham United
06/10/2012	BHSSC Reserves Home to Duxford United Reserves
13/10/2012	BHSSC Home to Wisbech St Mary Reserves
20/10/2012	BHSSC Reserves Home to West Wrattling A
27/10/2012	BHSSC Home to Tydd United
27/10/2012	BHSSC Reserves Away to Cherry Hinton Reserves

Not a Member?

New members are always welcome, join now for £10. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

The club also has a junior membership for 16 and 17 years olds for a one off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin

01954 781881 (BHSSC)

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Message from PCSO Mani



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There has been an increase in business and dwelling burglaries in the surrounding villages. A silver Mondeo saloon has potentially been involved. Please report any suspicious behaviour which you think may be connected to these crimes or if you have any information which you may feel would be useful please call us on 101.



Crime:

On Thursday 6th September, between 12:00 and 12:30, there was one attempted burglary in Robin Close where unknown offender/s have gone to the rear of a property and used force to attempt to prize open rear french doors. No entry was gained into the property and the doors remained locked. Offender/s has then left via the rear gate; nothing has been taken from the property or garden. Upon officers attendance tyre marks have been seen at the rear of the property in the grass. There was confirmed by local residents that nobody usually parks or drives in this area.

Patrols in Bar Hill Skate Park, Tesco and Library area have continued on regular bases by myself and colleagues - I am pleased to say that is all in order.

Between 21:00 and 21:35 hours on 27th August a break in took place at the Fish & Chicken Take Away. Unknown offender(s) have forced open a rear, metal door and gained entry into the shop. A safe was removed from inside and was left in the rear car park. No entry was gained to the safe.

On 27th August at 01:09 hours a suspect was arrested in the Bar Hill area for two offences: Taking a vehicle without owner's permission and driving whilst under the influence of alcohol. Offender has been charged and is due in Court soon.

On 3rd September at 14:00 hours an assault took place in Bar Hill. All parties involved have been identified and offender(s) have been dealt with.

There have been three further crime reported from Bar Hill Tesco. Two motorists have pulled into the petrol station, filled up their vehicles with fuel and made off without paying. One attempted to shop lift from the main store where the suspect has entered the store, selected items of alcohol at a cost of £1000 and made attempts to leave without paying. Suspect was arrested and dealt with accordingly.

On the 9th August, a suspicious man was spotted by an off duty officer in Bar Hill Tesco. After the enquiries were completed with the man he was free to go. However his vehicle which was parked at the Fox Pub car park was seized under police powers for having no insurance cover.

During the day on the 8th August, two suspects were

detained for shoplifting at Tesco Store, Bar Hill. Suspects were captured on CCTV selecting various items from the store, removing tags and concealing the items, then attempting to leave the store without paying. Both offenders were dealt with accordingly.

If you wish to report any other crime, suspicious behaviour or activities please ring our non-emergency number, 101. If you believe that a crime is in progress please ring 999. I also welcome anyone to contact me directly by emailing bujar.mani@cambs.pnn.police.uk if you wish to let me know of any issues you may be experiencing. Kind regards.



NATION WOMEN'S REGISTER NWR

Ladies - Give yourselves a break. Enjoy discussions and make new friends!

NWR is a national organisation promoting friendship and self-confidence for lively minded women. We share ideas discuss topics, occasionally listen to speakers and enjoy social events.

11th October PLANNING FOR THE SUMMER!

Venue: Julie's

25th October IT'S ALL OVER NOW! What next for the Olympic Venues? Venue: Kaye's

The Bar Hill NWR group meets informally on alternate Thursday evenings and we pay just £1.00 per meeting to cover costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Jenny O'Dell on 201269 or Jackie Ellis on 780523. NWR can also be found on www.nwr.org.uk. Why not have a look!



Would Members please note that the meeting on Thursday 25th October is the Branch's A.G.M.

Mary Shubotham
Secretary 01954 781553



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During 2012 we are selling raffle tickets at £1 each for an exquisite hand-embroidered double bed quilt worth £2,000 to be drawn at our AGM in 2013. You can buy tickets online through our website as well as from our Tea Bar, on the wards and our many stalls (see below). How about buying a potentially winning ticket for your friends and relatives instead of sending out Christmas cards?

If you have any spare ribbons or yarn we are in urgent need of your donation.

Follow us on the Rosie in Stitches facebook page.

Stall dates for the Autumn

Community Market

Church Centre, Bar Hill

Saturday 6th October

10.30 am until 2 pm

Saturday 3rd November

10.30 am until 4 pm

Saturday 1st December

10.30 am until 2 pm

Addenbrooke's Outpatients

There will be a large display of our toys and clothes in October, November and December. When we have dates, they will be publicised on our facebook page.

We have items for sale in our eBay Charity Store Rosieinstitches2010, also hart4334 and 1234_orridge are also selling items to benefit the Rosie. There are links to affiliate stores on our website where we will get a donation. While you're looking for bargains online, you'll find some extra savings at www.easyfundraising.org.uk/forh find the eVoucher codes on the Special Offers page. You can raise funds by using the Easyfundraising search site at <http://forh.easysearch.org.uk> If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website. Thank you for all your support.



The Coffee Stop

This takes place every Wednesday at 10 am until 12 noon at the Library. Coffee, tea and biscuits are served, and it is a good opportunity to meet friends old and new and have a chat. Everyone is welcome. We support the "Friends of the Library" in making good use of this valuable resource and keeping it open for everyone. We would love to see you on a Wednesday morning.



Creativity Week in Years 1 and 2 at Bar Hill School

Back to school has really started with a bang at Bar Hill - almost literally!

To kick off the Autumn Term topic, children from years 1 and 2 went to search for a meteor that had been seen falling from space in the area near the school. After a thorough search of the grounds, a surprising discovery was made! It wasn't a meteorite, but an 'Alien Space Capsule', filled with letters from outer space and a special computer program that would let the children explore an alien world!

Using this exciting discovery as inspiration, the children have been creating stars and planets of their very own, imagining the types of worlds they might be, and who might be there. They will be designing and creating puppets of the alien creatures they imagine might live on other planets out of felt and other materials.

This work has also allowed the children to think carefully about our own world, and what we like and know about it. The themes of imaginative worlds and the world around us will be spread throughout the curriculum, offering the children to explore their ideas through Literacy, Art, ICT and other subjects.

Mr Hawkins

Key Stage 1 Leader (Children aged 5 - 7 years)

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Flu clinics will be held during October. Please ring for details.

Repeat medication Our local Primary Care Trust known as NHS Cambridgeshire have advised all local GP practices to adopt 28 days as the standard treatment length for repeat prescriptions. In order to explain the benefits of this policy they have produced a patient leaflet which also contains Tips for Patients. These are available from our dispensary and pharmacy.

Shingles vaccine If you have ever had chickenpox there is a 1 in 4 chance you will develop shingles at some point in your life and this occurs more frequently in people aged 50 years and older. Shingles is usually mild although unpleasant but can cause long term pain and may affect the eyes. There is now a limited supply of vaccine available in this country which can be supplied on a private prescription. Please ask in pharmacy for details. The Dept of Health hopes to introduce a programme of shingles vaccination in the future but this will be available for over 75's only.



BAR HILL CHILDMINDERS

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained. Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more. If you would like to find out more you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all, (details below)

Childminders with Current Vacancies

Carol 780238
Kirsty 07584 168909
Melanie 204496
Janine 07879 613731
Terri 780458
Karen 07930 196319
Jacky 780249
Kirsten G 200228
Kirsten C 202228
'Little Bunnies'
Toddler Group

for Babies and Pre-school Children and their Parents/
Carers

We meet every Thursday 9.45 - 11.15 in the Octagon (term time only) £2.50 per family/carer - (or £1 per adult with only one child under one year old)- includes soft drinks and healthy snacks for the children hot drinks for the adults We have a large range of indoor and outdoor toys.

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Bar Hill Parish Council
Parish Council Offices
(Near the Health Centre and Octagon)
Tel: 780456
Email: bhillpc-1@btconnect.com

Could Bar Hill have its own Timebank?

Timebanking is a great way for communities to come together and help each other by exchanging knowledge, help and skills.

The idea is that within a community people help each other. By helping someone else, you can then save your time in the Timebank as a 'time credit'. One hour equals one hour. So for every hour you help someone in your community you can receive one hour of help in return. The possibilities are endless; you could receive help with writing a CV, picking up a prescription or learning a new sport.

In recent months there have been a few Timebanks starting up in Cambridgeshire. Each Timebank has their own coordinator who promotes the idea, arranges time exchanges and makes sure that everything is done safely (for example, where individual support is being provided for a vulnerable person the Timebank member will have a Criminal Records Bureau check).

The most local of the new Timebanks is in Somersham. Recent examples of their exchanges include; support with learning new IT skills, dog walking, befriending and, believe it or not, ironing!

The Parish Council would like to know whether this is something that would be welcome and supported in Bar Hill....

Please let me know what you think - contact details above.

Leigh Baffa
Parish Clerk

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Bar Hill Slimming World Group is being re-launched on Wednesday 10th October. Their new consultant, Chris Liddle (Tel 07779 287055), who joined the group as a member in Jan 2011 and has lost over 10.5 stones so far, will be taking over on that evening

Slimming World promotes food optimising with a range of great food plans to suit all tastes. There's no calorie counting, minimal weighing, and you can enjoy all your favourite foods including family favourites like spaghetti bolognese, fish and chips, and curry. For busy mums and dads food optimising recipes can be made for and enjoyed by all the family, so no having to make multiple meals like many diets. Food Optimising is not a diet, it is a healthy eating plan for life!

Come and join our lively and fun group, in a hugely supportive and understanding environment, where you will never be judged, can set your own personal weight loss target, and will only be helped and encouraged to achieve your weight loss goals.

The Group meets at 7.30 pm on Wednesday nights at Bar Hill Community Primary School.

Come and join us and you'll soon see a lot less of yourself.

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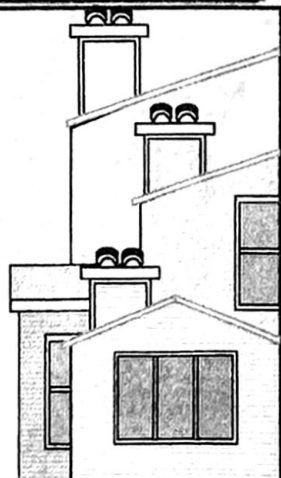
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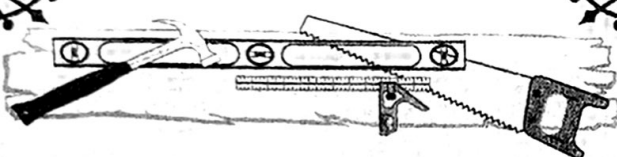
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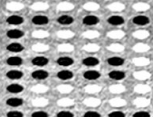
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HAPPY HOURS

The Club decided to try the School Car Boot Sale as the Fête was cancelled and members are gathering items together for the sale.

After rather a long absence we had an outing to Stamford with a cream tea at Burleigh House during August. This was very much enjoyed by all those who came - a pity we did not manage to fill the coach but we will perhaps try again in October.

Sadly we have lost two former long serving members in Olwen Goodwin who served for many years on our Committee, and Joyce Todd who used to so enjoy our outings. Olwen's funeral is not being held locally but it has been agreed we shall join with Knit & Natter in October to celebrate her life and collect for McMillan Cancer Support in her memory.

Helen Collins 782203

"Tea at 2 for Olwen"

Thursday 25th October at 2 pm in the Octagon

All proceeds to McMillan Cancer Support
In memory and honour of Olwen Goodwin

On 26th August, Olwen Goodwin passed away at home at Hanover Close aged 97. She had touched the lives of many people during her long busy life. She was always helping others and continued this to the end of her life. She has a long record of helping in the Red Cross Charity shop and also for Cancer Research. She will be particularly remembered for her annual McMillan Coffee Mornings for which she provided some of her renowned home baked cakes. She was a lady who will not be forgotten.

To honour her and raise some funds for McMillan Cancer Support Nurses in her name, we would like to issue an invitation to all Olwen's friends, neighbours and Bar Hill residents to join us at 2 pm on the 25th October in the Octagon. A cup of tea and a cake will be available at £1 and also some cakes to buy and take home. If you can make a cake to sell during the afternoon, we will be very grateful.

A warm welcome to all. Hope to see you all for the biggest McMillan Tea Party.

Thank you. *Sue Henchington*. 780260



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E: klean@meridiandancers.co.uk
W: www.meridiandancers.co.uk



The Allotment Society

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Plot allocator is Steve Thomas so if you would like to go on the waiting list for a plot please contact Steve on 781602

All other allotment matters should be addressed to bhallotment@hotmail.com

Little Acorns Pre-School



Little Acorns is a privately owned pre-school. We provide a wide range of activities to promote children's early learning and development. We are currently open Monday to Friday during term time from 9am - 3 pm.

Children may come for a minimum of 2 ½ hours during this period up to the maximum of 6 hours per day, which would include staying for lunch.

Children are able to start pre-school as soon as they are 2 years old.

Nursery Education Funding (15 hours free per week) is available in the term after the child's 3rd birthday.

We are now registered to offer places to children on the 'free twos' scheme. If you are on income support you may be eligible for 10 hours per week of free care for your 2 year old. Please ask us for more information about referral or visit the children's centre who will also be able to advise you about this.

All our staff hold early years' qualifications and are trained in first aid and child protection.

For more information or to register your child please see our new website at www.littleacornspreschoolbarhill.co.uk or e-mail us at littleacorns.barhill@ntlworld.com

Or during session time please phone us on 07851803083 (and ask for Sally or Gail)

We are situated just off the green next door to the primary school; please feel free to pop in for a visit. Alternatively we hold termly open mornings for all our new starters when you and your child may visit together.

Our rooms are currently available to hire for children's parties and other events at very competitive rates (you don't have to attend pre-school to use this service) - again please ring or e-mail for more information.

We look forward to meeting you and your child soon.

Little Acorns Pre-School The Sparc Building

Gladeside Bar Hill
Cambridge CB238DY
Tel: 07851803083

Email - littleacorns.barhill@ntlworld.com

Neighbourhood Watch

Deter potential burglars – make your home look lived in

Now the evenings are drawing in, remember to use timers to bring on lights and radios while you are out.

☺ not only in the hall; who lives in that area?

☺ not only where it lights an obviously empty room; if necessary also light an upstairs room.

Plug-in programmable timers are readily available to buy. For a chance to **WIN** a set of three*, value £15.99, see the competition below.

Remember, the opportunist will most likely target a house in darkness.

Pam Vendy

NHW Village Co-ordinator

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Enter the sets of 3 tiles from the right hand grid into the correct spaces in the left hand grid to reveal our message.

Name:

Address:

Tel.no.

Entries should be received at the Parish Council Office by end 25th October.
First correct entry drawn at random will receive the prize, *kindly donated by Argos.
Usual competition rules apply.

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is different...
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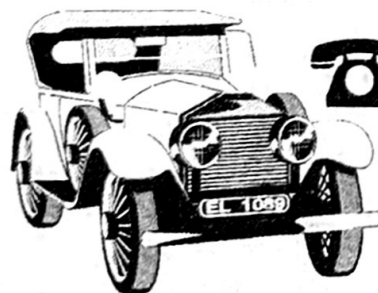


If you would like us to help you work out the cause of your pain then please call or email.

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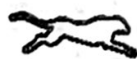
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Bar Hill Parish Council
Parish Council Offices
(Near the Health Centre and Octagon)
Tel: 780456
Email: bhillpc-1@btconnect.com

Parish Council Web Site – www.barhillpc.org.uk

This will keep you up to date on current affairs in the village including meeting minutes and agenda.

Bonfires and dumping of green waste

I have had several people coming in to the office to complain that some residents are burning their green waste in their gardens. Although this is not illegal, it is a matter of common courtesy not to burn rubbish in such confined spaces as this can cause problems for residents when using their own gardens for recreational purposes. So I would urge all residents to use their green bins whenever possible.

I have also had many reports this summer of residents dumping their green waste on Parish Council land. Again this is what your green bin should be used for but if there is a large amount of green waste please either take it to the tip or if you let me know I may be able to arrange for it to be removed.

Bar Hill Stream

The Parish Council is hoping to undertake major works to the stream over the next few years, depending on funding but before anything plans can be drawn up we need to undertake a survey of water voles and other wildlife to establish the biodiversity of the area. Also a service check for underground restraints needs to be undertaken (power lines etc) and once this has been done areas of the stream need to be refined and re-graded, which means that some areas (near the Apple-trees end of the stream) could be helped by some widening, making it less likely for the stream to flood. We would like to hear from the residents of the village on their views on this subject before any of this work is undertaken and any questions you may have will be answered. Therefore I would be grateful if you could email the Parish Council with your views.

Vacancy for Parish Councillor

Make a difference to your community and help create a better village for our future generations. If you are interested in becoming a co-opted Parish Councillor, please email me or drop me a line and I will then be able to send you the relevant details on what it takes to be a Parish Councillor. You have until the end of October.

Parish Council Meetings

The next Parish Council meeting will be held on Thursday 18th October at 7 pm in the Parish Council Office and all members of the public and press are welcome to attend. There is also an Open Forum at the start of each meeting for residents to put their views across.

HANDY TELEPHONE NUMBERS

Streetlights: NEW 0800 7838247 (on sticker on light)
South Cambridgeshire District Council: (03450

450500) County Council (damaged paths and roads):
(01223) 717111 Tesco—Stray trolleys 0800 50 55
55 TEXT store2065 EMAIL
9054@tescocomments.com In each case give village
and location of trolley

Leigh Baffa

Parish Clerk

Tel: 01954 780456

Email: bhillpc-1@btconnect.com

VILLAGE HALL

To book or contact us at the village hall, please telephone 01954 782414 and leave a message (speak slowly and clearly please) and we will call you back within 24 hours Monday-Friday, OR e-mail us on barhill.villagehall@btconnect.com. We look forward to hearing from you.

During the week we have all the following groups and clubs.

Mon	Helene Jones Dance	3.30-8.15 pm
Helene's class is run in school term times only		
Tues	Zumba	10 - 11 am
Tues	Shotokan Karate	5.45-8.00 pm
Tues	Danielle (Boot Camp)	8-9.00 pm
Wed	Helen Jones (Dance)	4-6.45 pm
Wed	Zumba	7-8 pm
Wed	Pilates	8-9 pm
Thurs	Zumba	9.30 - 10.30 am
Thurs	Pilates	10.30-11.30 am
Thurs	Weightwatchers	7 - 7.50 pm
Fri	Martial Arts	6.30-8.30 pm
Sat	Sweat and Tone	8 - 9 am
Sat	Zumba	9 - 10 am
Sun	Bingo (doors open 7.15)	7.45-9.30 pm

Cash prices - No Bingo on Bank Holiday Sundays

(Please contact the office for details)



Bar Hill Parent and Toddler
Group

Wednesday and Friday 9:45 to
11:15 am

Octagon Centre, next to Bar
Hill Church

For families and carers with children aged 0-4 years.
There is a variety of toys and activities for toddlers
and pre-schoolers.

A baby area with mats and age appropriate toys.
Drinks and snacks are provided.

Prices:

Under 1's – £1 (or FREE when paying for a sibling
over 1)

Over 1's – £2

Maximum charge per family / childminder – £3

Visit our facebook page for details of upcoming
events.

Or email: bhparentandtoddler@gmail.com



Maple Surgery News
www.maplesurgery.co.uk
 Telephone 01954 780442

October Flu Clinic

This year our flu clinic will be held on Saturday 20th October. Invitation letters will be sent to all eligible patients. If you are unable to attend on the 20th October please contact us AFTER this date when we will arrange alternative appointments.

If you receive an invitation but DO NOT want to have the vaccination please complete the declaration at the bottom of the letter and return it to the surgery ASAP to allow us to update your records.

Wasted Appointments

In the month of August patients failed to turn up to a total of 96 appointments. This equals 21 hours of wasted time for our Doctors and Nurses.

If you are unable to attend an appointment please advise the surgery in good time in order that we can offer the appointment to another patient.

Text reminders

Our new system means that we can (with your permission) send you a text reminder one working day before your appointment. We hope that this will result in reducing the number of wasted appointments so please let us know your mobile number so we can maximise this service.

Please do let us know if you change your contact details in case we need to get hold of you.

Prescriptions

Please do remember to allow **2 clear working days** for your prescription requests.

Extended hours

During the coming months our early morning opening day will vary depending upon which Doctors we have in attendance. Full details will be displayed in the surgery.

Regards from the Maple Surgery Team

For Sale

Lady's bicycle. Good condition, three speed, bell, pump. £25 ono
 Tel: 01954 789514



Out of School Club

SPARC

Building, Gladeside

Telephone during club hours 07883 739368

We also have a website where you can get more information, as well as lots of photographs to show you what we do at our Club, www.barhilloutofschoolclub.com.

We are situated in our purpose built building next to the School, with direct access from the playground. We provide childcare both during term time, after school and all School Holidays, for children aged 3-14 in a safe, stimulating and caring home from home environment with trained and experienced staff. The children walk directly to us when school finishes, with the reception and infant children being met in the reception classes and then accompanied to our building by our staff. Our Pre-School children are also collected by our staff from their Pre-Schools.

Our children enjoy a wide range of inspiring equipment, games and craft activities, from pool to computer games, dressing up to craft and lots more, or if they prefer they can chill out on our comfy sofas. We also use the safe environment of the school playground for outdoor play. A snack, such as pasta, filled pittas etc followed by a biscuit and fresh fruit is provided. We make birthday cakes to celebrate each child's birthday, which we share. We are registered with OSTED: this enables parents/guardians who are eligible, to claim up to 70% of their childcare costs. We are also able to accept childcare vouchers eg Fair Care and Busy Bees.

Our opening hours are:

Term Time 3.10 pm – 6 pm Monday to Friday
 School Holidays 8.15 – 6 pm Monday to Friday
 Craft sessions 10 am - Midday Monday - Friday £5

We are now taking bookings for our Holiday Club, for the October half term and the Christmas Holidays.

During the school holidays we also offer **full and part time childcare as well as occasional childcare**. We also run special craft and come-to-play sessions during the school holidays 10 am—12 noon which have proved very popular, both with children and their parents/carers. It's a chance to get your shopping done or maybe do something for yourself!

Please feel free to contact us if you would like any more information or would like to come along and see what we have to offer.

Patsie Costler

barhilloutofschoolclub@hotmail.com

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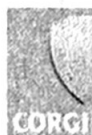
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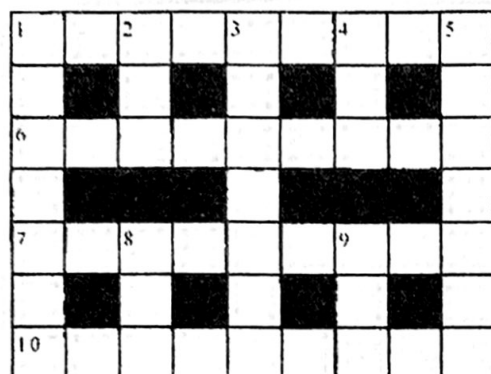
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CB23 7DY**

Solution for September

Across: 1 balalaika, 6 astronaut, 7 Neolithic, 10 deference

Down: 1 brained, 2 let, 3 loopier, 4 Ida, 5 article, off, 9 hen



Clues for October

Across: 1 town on the A5, 6 having intense feelings, 7 very large insect, 10 pleaded.

Down: 1 lever worked by the foot, 2 which person, 3 the perfect example, 4 Sn, 5 passed on information, 8 small insect, 9 healthy

Bar Hill Ecumenical Church - Services for October 2012



If you need to speak to someone from the church, leave a message with the Church Centre Manager or any member of the Church Council whose email addresses are on the website.

Sun 7 th	10 am Holy Communion 6.30 pm Evening Worship with the Church Youth
Sun 14 th	8 am Holy Communion 10 am Quaker Meeting 6.30 pm Songs of Praise service
Sun 21 st	10 am Holy Communion focusing on Operation Christmas Child 6.30 pm Evening Worship
Wed 24 th	10 am Holy Communion
Sun 28 th	10 am Morning Worship 6.30 am Holy Communion

Everyone is welcome at our services. We have a new minister, Charles Mather.

There is a Roman Catholic mass every Saturday at 6 pm
Contacts: Church Centre Manager Tel 206120 (office hours
Monday, Wednesday and Friday 9.30 – 10.30)

Website barhillchurch.org.uk

The Catholic Church of Our Lady and the English Martyrs Hills Road, Cambridge (The Catholic Church serving Bar Hill)

Parish Priest: Mgr Peter Leeming Tel: 01223 350787
Deacons: Revd Robert Joyce, Tony Northrop and Tony Sutton
Local contact: Bunty Waters Tel: 201421

Mass at Bar Hill Octagon Saturdays: 6 pm First Mass of Sunday

Masses in the Parish Church in Cambridge

Monday, Wednesday, Thursday, Friday 8 am and 12.15 pm
Tuesday 8 am and 7.30 pm
Saturday 6 pm First Mass of Sundays
Also 5 pm at The Ark, Cambourne, and 6 pm at Bar Hill Church Centre

Holydays of Obligation 8 am, 10 am, 7.30 pm

Sacrament of Reconciliation

Tuesday 6.45 pm (not after Mass)
Saturday 10.30 – 11.15 am, 4.30 – 5.15 pm, 7 – 7.45 pm

Details of other services are published in the weekly newsletter which is available at the 6 pm Mass each Saturday – copies are available in the Church Centre.

Football Project



The pitch is available to hire in the evenings. The pitch is suitable for football and many other sporting activities such as mini tennis, hockey, bowls, volleyball and multi sports - it's a great venue for birthday parties. If you wish to find out more about hiring the facility then contact our Bookings Secretary, Julie Marin on 781838.

The officers of the Management Committee are:

Chairperson Alan Hewings
Secretary Paul Thorby
Treasurer Jairo Marin

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Bar Hill Pre-School

Registered Charity No. 1070725
<http://www.barhillpreschool.co.uk>

Village Hall
01954 782892

Church Centre
07932 482965

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect all the needs of our children. We have two settings within the community so we can offer your child a choice of spaces to explore in a secure and enclosed environment. We offer fully flexible care between 9 am - 3 pm, for children aged 2 - 5 yrs and are registered for Nursery Education Funding (NEF) as well as the new government scheme 'Free 2's'.

Village Hall Setting (Village Hall, The Spinney)

The newly extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

Church Centre Setting (Hanover Close)

This setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Moving On Sessions

We have sessions for children in their final year at the pre-school which are more structured; we work closely with the local primary school to aid your child's transition to the school learning environment.

Parent/Carer Partnership

To fulfil our commitment to meeting all our children's individual needs we use communication diaries as part of our outstanding parent/carers partnerships.

Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our session allocation coordinator, Sarah, along with our setting managers, Sonya and Nikki, are always on hand to support you through the registration process

Playtots Sessions

Village Hall Setting on Tuesdays 9.15 - 11.15 am. All parents/carers with children from 0 - 5 years old are welcome at this stay and play session. Your child can choose from outdoor toys to messy craft materials and soft toys especially for babies.

Drinks and healthy snacks are provided.



Bar Hill Pre-School

Registered Charity No. 1070725
<http://www.barhillpreschool.co.uk>

*****NEWS*****

We would like to welcome our new manager
of the Church Centre Setting -
NIKKI CLARKE

ANNUAL GENERAL MEETING - 08/10/2012

8 PM AT THE VILLAGE HALL SETTING
We are looking for new committee members to help us run our pre-school. If you are interested please come to the AGM or contact the chairperson at: enquiries@barhillpreschool.co.uk

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Phone your order to our Shopping Service and we will make all the arrangements, and arrange delivery to your home. There is no commitment to shop every week.

Age UK Cambridgeshire makes no charge for this service but supermarket charges for delivery may vary.

Enquires and orders can be taken from Monday-Friday between 9-12.30 on 01354 696650

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